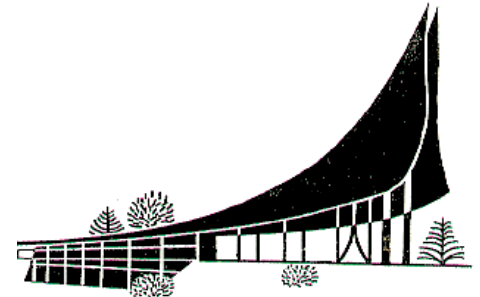


# SOUNDINGS

The Unitarian Church in Westport  
 10 Lyons Plains Road  
 Westport, Connecticut 06880  
 203 227-7205  
 uuchurch@uuwestport.org  
 www.uuwestport.org



A Member of the Unitarian Universalist Association

**THE NEXT SOUNDINGS DEADLINE IS FRIDAY, NOV. 4**

Oct. 30 - Nov. 19, 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Oct. 30</b> Worship Service: 9 & 11 am Halloween Fun House Chapel -9 & 11 am OWLParents Group, East Wing, ... 12:30 pm COAParents Group, Library - 12:30 pm	<b>31</b>	<b>Nov. 1</b> Sheila Lane Congregational M.H. ... 7:00 pm Microfinance Com. Fellowship Rm., ... 7:30 pm Men's Choir, ... 8:00 pm	<b>2</b> Chant & Meditation, Lib. ... 7:00 pm Chamber Choir, ...7:45pm	<b>3</b> Youth Choir - 5 pm Teen Choir - 6 pm Bell Choir - 6:45pm Women's Choir - 7:45 pm	<b>4</b> SOUNDINGS Deadline - ...12 pm	<b>5</b> COA Rehearsal - 9:00 am Everyone Can Improvise, E.W., ... 11:00 am COA Potluck, East Wing ...5:00 pm COA Service, ... 7:30 pm
<b>6</b> Worship Service: 9am COA Service: 11 am K-6 start in Sanctuary OWL Par.Gr.EW 12:30pm Sheila Lane info. session, Sanct. ... 12:30 pm UN Committee, Chapel, ... 12:30 pm Circle 14 Potluck Supper, M.H. ... 4:00 pm	<b>7</b> O&AF Rehearsal, ... 7:45 pm	<b>8</b> Social Justice Council, Fellowship Rm., ... 7:30 pm	<b>9</b> SOUNDINGS Mailing - 9:30 am Chant & Meditation Library... 7:00 pm NVC Practice, Chapel - 7:00 pm Comm, Organizing , M.H., - 7:30 pm Men's Choir - 8:00pm	<b>10</b> Youth Choir - 5 pm Finance Com. Mtg., M.H. - 5:30 pm Teen Choir - 6 pm Bell Choir - 6:45pm Women's Choir,	<b>11</b> Shawl Ministry, Meeting Hse., ...12:30 pm	<b>12</b> Choir Sectionals, Sanct., 9:00 am Everyone Can Improvise, E.W., ... 11:00 am UCW Fun Raiser People 4 People Auction, Sanct., ... 7:00 pm
<b>13</b> Worship Service: 9 & 11 am OWLParents Gr., E.W. - 12:30 pm Rainbow Task Force, Chapel - 12:45 pm Neighborhood Circle Facilitators, Sanct., ... 12:45 pm	<b>14</b> Fundraising for UU's., Chapel, ... 7:30 pm Board of Trustees, Fellowship Rm., ... 7:30 pm	<b>15</b> Men's Choir, ... 8:00 pm	<b>16</b> Chant&Meditation Library ... 7:00 pm Comm, Organizing , M.H., - 7:30 pm Abolish Death Penalty, Fellow.Rm. ... 7:30 pm Chamber Choir, Chapel - 7:45 pm	<b>17</b> Youth Choir - 5 pm Teen Choir - 6 pm Bell Choir - 6:45pm Special Projects Choir - 8:00 pm	<b>18</b> SOUNDINGS Deadline, ...12 pm Odd Couple Performance, Sanctuary, 8:00 pm	<b>19</b> Choir Sectionals, Sanct., 9:00 am Small Gr.Facilitators, M.H.... 10:00am Everyone Can Improvise, E.W., ... 11:00 am Odd Couple Performance. Sanct., ... 8:00 pm

## SERMONS:

- October 30 ... 9 & 11 am ..... **"Transitions and Transformations"** ..... Debra Haffner  
*Our community minister, Rev. Debra W. Haffner, will explore how life's transitions, both planned and unexpected, can lead to transformations. What is waiting to be born inside you? Music: 9 am: Women's Choir; 11 am: Men's Choir.*
- November 6 ..... 9 am ..... **We All Come of Age**  
*Join us when the Coming of Age youth share their belief statements before graduation at 11am. Frank will offer sermon reflections on the Coming of Age process. Music: The Women's Choir.*
- 11 am ..... **Coming of Age Service**  
*The 9th grade Coming of Age youth culminate their journey of self-discovery by reading their belief statements and unfold as growing human beings right before our eyes. In this moving worship, the youth will graduate in ceremony and Frank will reflect on the meaning of the process. Music: Youth from the COA class.*
- November 13 ... 9 & 11 am ... **"Getting to the Promised Land"** ..... Frank Hall  
*Life is filled with promise -- expectation of improvement, a better life, a better world. So some disappointment is inevitable. Music: "Exit 43" sings at both services.*

# Thanksgiving Redoux

*for UU Westport Members and Friends*

**F**or the second year in a row, the Three Turkeys are planning a Thanksgiving potluck at the church. If this sounds exactly like your idea of celebrating this holiday – or if you heard from someone who was there last year what a wonderful time was had by all – then pay attention to 1, 2, and 3 below.

**1** You will be expected to bring a side dish, dessert or other offering. Look for the sign up sheets in the foyer after both services on Sunday October 30th. (Note the positives here: there is no need to clean your house or your kitchen, or try to figure out who sits next to whom. But we do need to know what you plan to bring so that we can balance the sweet potato-marshmallows dishes with the green veggie casseroles.)

**2** You will need to sign up before 5 pm on Monday, November 21st. The Turkey Team will be setting the tables for the number of expected guests the day before Thanksgiving so it is important to know that you alone or you and 5 family members or guests are coming.

**3** You will be asked to help with set up, serving or clean up duty. All of these assignments will be shared (not like at home when you have to do it all) and, as they say, “many hands make light work.”

Depending on the number of folks who think this sounds like a splendid way to celebrate T-Day this year on November 24th, we will plan to set up our feast either in the East Wing or the Sanctuary. The festivities will begin somewhere around 4 pm. A \$5 per person (for adults) contribution is asked for to cover the beverages and birds.

What to do? Pencil in 10 Lyons Plains Road in Westport.

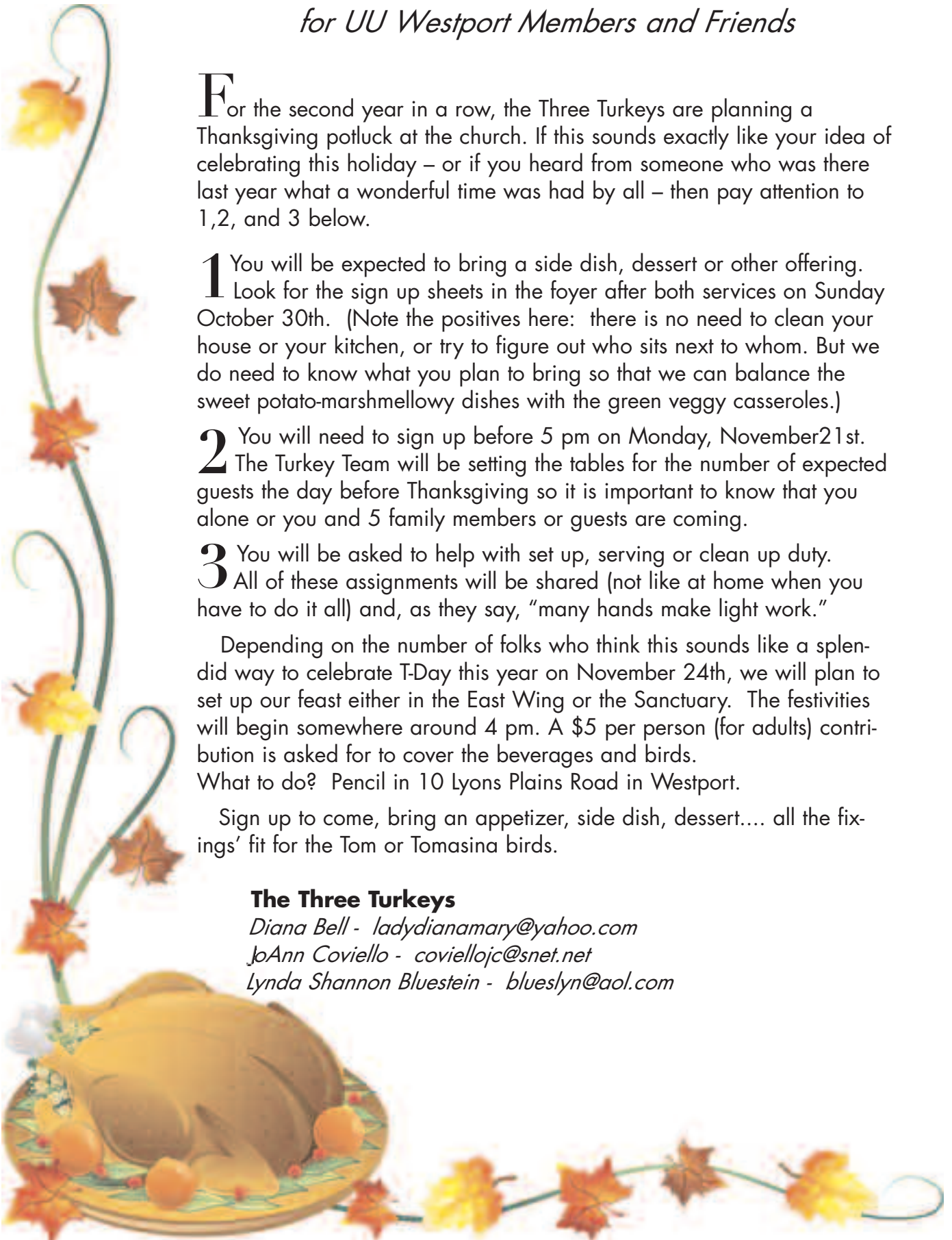
Sign up to come, bring an appetizer, side dish, dessert.... all the fixings' fit for the Tom or Tomasina birds.

## **The Three Turkeys**

*Diana Bell - ladydianamary@yahoo.com*

*JoAnn Coviello - coviellojc@snet.net*

*Lynda Shannon Bluestein - blueslyn@aol.com*



October 24, 2011

Dear Friends,

While walking along Compo beach this morning I watched a bright red ball emerge from the east end of Long Island Sound. It was a little after seven o'clock. I was tempted to stop to watch the colorful show, but walkers don't stop until the course is finished.

I walked on, staring over my left shoulder, when another regular morning walker approached from the opposite direction and could see that I was transfixed on the bright red ball that was magically emerging from the water. She smiled and said, "Gorgeous, isn't it!"

We seldom say more than an abbreviation of good morning: 'Mornin' If the weather is particularly cold, or windy, or threatening to rain, or unusually warm, we may say, "Bit nippy." Or, "Feels like summer."

If, when you're on the return trip around the loop, you pass a walker who you've already greeted, you might say, "Take care," or "Have a nice day," or "Enjoy!" It has to be very brief because you both keep walking.

Only on rare occasions do you stop to talk. A couple of years ago one of the morning walkers attended a memorial service I conducted here at the church. He looked at me for a longer-than-usual moment, trying to place me, then realized I was a Compo companion, and said, "I didn't know you were a minister..." In the course of our brief conversation he told me that his wife was terminally ill, so the next time I saw him at Compo I asked how things were going. She died just a few weeks later.

Autumn chill is in the air – we know winter can't be far behind.

"Come autumn's scathe -- come winter's cold --  
Come change -- and human fate!" Elizabeth Barrett Browning

A moment after she said, "Gorgeous, isn't it!" a white heron opened her wings and took flight, passing between me and the red ball on the horizon. John Ciardi called those wings, "Two soft kissing kites." For a brief second the three of us were lined up: the sun in the east, the heron's kissing kites, and me.

A silent sense of thankfulness floated gently across my consciousness, like a prayer, and in that moment I felt connected, part and parcel of Nature, and I knew it was enough – body, mind and spirit were in alignment – the soul's trinity.

Autumn announces the change of seasons, seducing us with colors that grab our attention so that we can be in the moment, so that we might say to a fellow traveler, "Gorgeous, isn't it."

The temptation is to stare into winter's coming cold. But autumn is a season in its own right – not just the harbinger of winter. Enjoy this day and 'kiss the joy as it flies.'



**The Autumn,** *Elizabeth Barrett Browning*

Go, sit upon the lofty hill,  
And turn your eyes around,  
Where waving woods and waters wild  
Do hymn an autumn sound.  
The summer sun is faint on them --  
The summer flowers depart --  
Sit still -- as all transform'd to stone,  
Except your musing heart.

How there you sat in summer-time,  
May yet be in your mind;  
And how you heard the green woods sing  
Beneath the freshening wind.  
Though the same wind now blows around,  
You would its blast recall;  
For every breath that stirs the trees,  
Doth cause a leaf to fall.

Oh! like that wind, is all the mirth  
That flesh and dust impart:  
We cannot bear its visitings,  
When change is on the heart.  
Gay words and jests may make us smile,  
When Sorrow is asleep;  
But other things must make us smile,  
When Sorrow bids us weep!

The dearest hands that clasp our hands, --  
Their presence may be o'er;  
The dearest voice that meets our ear,  
That tone may come no more!  
Youth fades; and then, the joys of youth,  
Which once refresh'd our mind,  
Shall come -- as, on those sighing woods,  
The chilling autumn wind.

Hear not the wind -- view not the woods;  
Look out o'er vale and hill-  
In spring, the sky encircled them --  
The sky is round them still.  
Come autumn's scathe -- come winter's cold --  
Come change -- and human fate!  
Whatever prospect Heaven doth bound,  
Can ne'er be desolate.

## Perry's Ponderings ...

There is an ongoing laugh in my family that when my father phones any of us, rather than saying "Hello," he always asks, "Where are you?" We always find this a little intrusive or silly, but we did not realize it is actually biblical until Rabbi Mendelson at Temple Israel pointed out that after Adam and Eve eat from the Tree of Knowledge, God asks them, "Where are you?" This is a theological question rather than one of location and stimulates great discovery, especially in the authentic personal theology of Unitarian Universalism.

Our 7th grade Neighboring Faiths class began their discovery of Judaism with an introduction that included hanging gourds on the sukkah, a tent celebrating the harvest holiday of Sukkot. A few class members enjoyed the music of the Friday night service at Temple Israel before the whole class met with Rabbi Orkand on Sunday to get a tour of the temple, look at its sacred objects, and have their questions answered.

On that same weekend of Shabbat Bereshit (Sabbath of beginnings, when the reading of the Torah is started over), my twin cousins had their B'nai Mitzvah (plural of Bar Mitzvah) and reflected on the creation story. Brian discussed the meaning of stewardship and taking care of the earth. As the rabbi said, "Who knew that the creation story came down to 'reduce, reuse, recycle?'" Max focused on responsibility and the transition we make from children who do not understand consequences, to realizing they exist, and then as adults taking responsibility for them.

Our 9th grade Coming of Age class has their culminating ceremony of a journey into adulthood on Nov. 6 when they get up in front of the congregation to read their belief statements. We will honor the process they have been through that has included RE classes, Neighboring Faith trips, relationship learning in *Our Whole Lives*, a heritage trip to Boston, a service trip to NY, many classes exploring life's meaningful questions with Carl Serbell's leadership, and sessions processing all of this with mentors.

The Coming of Age youth are essentially answering the question, "Where are you?" They are articulating what they believe now, knowing it will evolve and change throughout life. We all continue to travel and pause to take notice of where we are. We hope to see you on Nov. 6 when the question will be raised for you in some of the youth's answers.

## RE CALENDAR

### Sun. Oct 30

9&11am - Halloween Fun House

### Sun. Oct 30

12:30pm - Coming of Age Parent Group, Library

### Sun. Oct 30 & Nov 6

12:30pm - OWL Parent Group, EW

### Sat. Nov 5

9am - Coming of Age Rehearsal

### Sat. Nov 5

6pm - Coming of Age Potluck & Family Worship

### Sun. Nov 6

11am - Coming of Age Service

### Sun. Nov 6

9&11am - K-6th Start in Sanctuary

### Small Group Ministry for Families



An opportunity for deeper discovery of yourself and others.

Connect with other families through ritual sharing and topic discussion once a month.

Near where you live or at church.  
Groups for parents, children, and families.  
If interested, contact Perry at  
[perry@uuwestport.org](mailto:perry@uuwestport.org) or 227-7205 x15



### GOBLINS, GHOULS & GHOSTS

Dress up for your visit to...  
**The Halloween Fun House**  
**Sunday, Oct. 30, during classes**  
**at 9 & 11am**  
**created by the 7th grade**  
**Neighboring Faiths class**

## HIGH SCHOOL YOUTH GROUP...

*Lily Rappaport, Youth Program Dir.*

Inspired by Hermann Hesse's novel, *Siddhartha*, high school senior Lucas Barber shared with us his passion for Buddhism. Lucas provided a history of the man named Siddhartha Gautama who lived in India about 2500 years ago and became known as The Buddha, "the enlightened one." For Buddhists, the word enlightenment means understanding how to overcome suffering.

In youth group we began our journey toward enlightenment by listening to a Tibetan chant and creating a sacred shrine of Buddha statues, candles and incense. We sat in silent meditation to "empty" our minds.

During check-in we went around and rated our individual moods on a scale of one (Blech!) to ten (Zensational!). Afterwards we conducted an experiment about creating positive change. In the exercise, everyone was instructed to shake hands with everyone else in the room while looking each person in the eye and saying, "I wish you health and happiness." After several minutes of well wishing, we gauged our moods again and discovered that it had a definitely positive effect on the group – our ratings almost doubled! Wishing others health and happiness resulted in higher overall mood scores.

Buddhists believe that since all life is interdependent, the happiness of one individual depends upon that of others. Lucas introduced us to the practice of the Four Immeasurables, through which we can achieve happiness for ourselves and for others:

- 1) May all beings have happiness and its causes
- 2) May all beings have sadness and its causes
- 3) May all beings dwell in joy transcending sorrow
- 4) May all beings have love for those both close and distant





## You are Invited to CONECT!

Yes, you are invited to CONECT, Congregations Organized for a New Connecticut.

Our congregation is part of this non-partisan, interfaith organization of over 30 diverse congregations in Southern CT, who are organized as one community, to effect change in the areas of social and economic justice and policies for the common good.

Our founding assembly, Wednesday November 30, 7-9 pm at The Cathedral of the Holy Spirit, 729 Union Avenue, Bridgeport, will be both a celebration and a bold assertion of our voice in the public life of the region. We invite all to join us!

Connect with people from our 30 member institutions. Hear the stories which have moved us into action. Feel our power as we ask Governor Malloy and other public figures to meet us, hear us, and move toward our goals on the issues which concern our families: access to affordable health care, protection from predatory lending practices, and equity in education.

This assembly is the culmination of over three years of building strong relationships around common interests. Come and witness this event.

We will be car-pooling from the church. Talk to Ron Taylor, Kathy Roberts or David Vita for more information.

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## Social Justice Odyssey Offering

*Wednesdays November 9 & 16*

**CONNECT-** Congregations Organized for a New Connecticut is a new congregation based community organization in Fairfield and New Haven Counties. It's a model of community organizing, of social activism that fits our UU faith's belief in the pursuit of social, economic, and racial justice to create a better world to live in. Part of our UU mission is to move beyond our walls and join in building bridges across the class, religious, and racial barriers that divide us. CONECT does just that. It's an organization of 30 Christian, Jewish, Muslim, and UU congregations, multi-racial, urban and suburban, working together for a change in Connecticut.

Come and get a taste of this exciting work. Hear about our successes and about what is yet to come!

Contact David Vita for more information and/or sign-up on the foyer bulletin board.



## VOICES CAFÉ - A Successful Opening

The opening of VOICES CAFÉ, our folk coffee house, was a wonderfully successful evening. The café-style seating (round tables with 128 seats) was sold out. Pesky J. Nixon gave a magnificent performance as they fed off of the enthusiasm of the audience. Homemade baked goods were outstanding. I didn't know we had so many talented bakers in the congregation!

Contact David Vita ([david@uwestport.org](mailto:david@uwestport.org), 203.227.7205 x14) if you would like to be part of VOICES CAFÉ either as a volunteer or on the committee.

## REEL Justice Film for Friday, November 4 at 7:30



The most stigmatized people in Calcutta's red light district, are not the prostitutes, but their children. In the face of abject poverty, abuse, and despair, these kids have little possibility of escaping their mother's fate or for creating another type of life.

In *Born into Brothels*, directors Zana Briski and Ross Kauffman chronicle the amazing transformation of the children they come to know in the red light district. Briski, a professional photographer, gives them lessons and cameras, igniting latent sparks of artistic genius that reside in these children who live in the most sordid and seemingly hopeless world. The photographs taken by the children are not merely examples of remarkable observation and talent; they reflect something much larger, morally encouraging, and even politically volatile: art as an immensely liberating and empowering force.

Devoid of sentimentality, *Born into Brothels* defies the typical tear-stained tourist snapshot of the global underbelly. Briski spends years with these kids and becomes part of their lives. Their photographs are prisms into their souls, rather than anthropological curiosities or primitive imagery, and a true testimony of the power of the indelible creative spirit.

## UU WOMENS GROUP

welcomes new members. We meet the last Wednesday of the month in members' homes. 7:30-9pm. No monthly commitment required. We're a warm and wonderful group of women looking to connect outside the church. Reply to Gail Harris for location and topics. Gailjharris@gmail.com 203 858 9425 Come and join us!

## UU Movie Discussion Group Friday, Oct. 28



The UU Movie Discussion Group will meet again on Friday, October 28th to discuss 2 films: "The Ides of March" and "Contagion". Potluck dessert at 7:30; Discussion at 8. At the Meeting House. All are welcome.

## Introducing...Tom Hamilton

### Candidate for NLDC1 year term

*The Board of Trustees filled the final position on the Nominating Committee (which will be the Nominating and Leadership Development Committee when the new constitution is ratified) on Oct. 10. Tom Hamilton is the final member, and we'll let him introduce himself.*

Tom Hamilton has been coming to the Unitarian Church in Westport for seven years, and finally signed the membership book about a year ago. He lives in Redding with his husband, Gary Wang.



Since coming to this church, Tom has been involved with the Rainbow Task Force and currently serves as Co-Chair of this Committee. Tom and Gary also conducted a summer worship service in August 2009, where they recounted their life experiences as gay men, fathers, and now a married couple.

Tom's three daughters have participated in the RE program over the past seven years and have benefited greatly from this experience. Tom hopes that he is able to give something back to the Church by serving on the NLDC this year.

## Business Matters

*Headed into that time of the year again ....  
NEED YOUR HELP!*

*The sun is setting earlier and rising later, daylight savings time changes next month and it is no longer "shirt sleeve" weather. Yep. Winter is around the corner. It means we have to be on top of the heating and lighting at the church.*

**1 - Heating:** We have a new gas fired boiler in the church. It saved us \$7,000 in energy use (over oil). That savings can escape us if we don't exercise conservation with the thermostat settings. Building thermostats are programmed to warm up to 68 degrees in the morning and drop down to the 50's at night. If you occupy a room in the evening and wish to override the night setting please do not turn up the heat past 68. Remember to turn it down when you are done. The same goes for the Meeting House. The electric heat in the Sanctuary is always set at 55 degrees in order to save money when no one is using the space. Ed Thompson is responsible for turning up the heat for choir rehearsals and Sunday morning services.

**2 - Lighting:** Always turn off the lights in a room when you are done, even if others are still in the church. The last person in the church at night is responsible for turning off any lights still on.

**3 - Doors:** The same applies to the doors: last person to leave the building is responsible for locking the main double entry doors. Not sure how you do that? Bobby, Ed, Jan or I can show you the hex key and how to lock (and unlock) the doors.

**4 - Kitchen:** With church activities back in full swing, the kitchen gets a lot of use. Please clean up after using it and hand wash cups and dishes (or rinse and put in sanitizer rack).

Thanks for being good stewards of the building!  
Stay warm physically and spiritually!

John Carroll  
Business Manager

## Resiliency in times of Change

*A group facilitated session by  
Frank Hall & Jim Francek*

**November 7, 2011 --**

**7:30 – 9:30 PM UCW Sanctuary**

Purpose: to offer the opportunity for congregants to air their reactions and questions about the emerging changes within congregation through a positive process of dialogue.

Other sessions will be offered as needed.



*Do you find yourself on Sunday mornings focusing on the striking floral display hanging in the front-center of the sanctuary?*

*Does it help you to center as well?*

*Provide that extra touch—  
dedicated to a loved one, an  
anniversary, or just because.*

*Cost to you: \$65.*

*Contact Jan at 227-7205 ex:10 or  
jan@uuwestport.org*



## FROM THE BOARD

October 24, 2011

Dear Members and Friends,

The last few weeks have been a tumultuous time for our Church. At the Annual Meeting on September 25, a member of our congregation, former Board Chair John Hooper, “rose on a point of personal privilege” (a parliamentary procedure in Robert’s Rules of Order) to respond to the reports and stated the need – as he saw it – for change in the ministerial leadership of our Church. These comments created a climate of conflict and confusion. In the days following this unexpected statement, letters were circulated to the Board and Congregation expressing dismay, and there seemed to be considerable hurt and division in our community.

In his sermon on October 9, to help minimize the conflict and confusion, Frank made his departure date firm announcing he would retire from his position as Senior Minister in June 2013. In his statement at the Board meeting the following day, October 10, Frank reiterated his retirement date and indicated that anyone leaving the church because he was leaving would hurt him as well as the congregation.

This major development resolved much of the tension and uncertainty.

The deepest concern we heard at the Board meeting on October 10, which is important to address, was the desire for people to be heard, the desire for a better process or dynamic, the desire for healing and moving forward. In this regard, we want to thank Frank for his extraordinary grace and generosity, in his eloquent speech at the meeting and in his words since. Frank has taken the high road – he is not hanging on to resentments or playing the blame game – he has forgiven us all. He is at peace and has moved on. He is a spiritual leader who truly walks the walk.

We invite all members, inspired by Frank’s example, to move forward together as we look to the future. We need to be intentional and thoughtful about our next steps. To that end, Frank, Jim Francek and the Board are ready to embark on a two step process. The first step will be facilitated meetings, open to the congregation, to help us explore our feelings about change and how to manage it, to be hosted by Frank, Jim and the Board. The first meeting will be on Monday, November 7th, from 7:30 –9:30 pm in the sanctuary, with other meetings to follow as necessary. As a second step we are hoping to start a process of appreciative inquiry, with Jim Francek’s help and an outside facilitator, to carry the dialogue forward and move us to a better place. We hope this will dovetail with a new visioning process that we plan to launch in the spring.

For many of us, it is hard to imagine the church without Frank. It is only human to hold on to what we know and love, and to fear that change will bring loss. But change is unavoidable. If we embrace change, and plan for it intentionally, it can become an exciting opportunity for growth. We will plan, without any hurry, for a thoughtful, appropriate, inclusive process of transition. And meanwhile, we will take all the time we need to enjoy, celebrate, and honor Frank’s outstanding, beloved ministry.

There is not one single member of the Board who does not think this way. We hope you do too. We look forward to the journey.

Respectfully,  
*Your Board of Trustees*



SOUNDINGS

Newsletter of the Unitarian Church in Westport

Phone: (203) 227-7205
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PLAYING IN THE MOMENT

Yesterday Marcella and I gave a concert. Today I am reflecting on it. Not surprisingly, the production of anything that is high-level demands a lot of preparation. We had several rehearsals. The interesting thing is that we focused on something different for each rehearsal. We covered all of the pieces in each session but the music didn't sound the same. We would make small adjustments in tempo, with dynamics, cadential points, accents, word enunciations, rubato spots, balances, and energy levels too subtle to describe.

Then there was the concert, the moment when we presented it with real people listening. The energy was flowing between us and the listeners. It was different from any of the rehearsals. Things happened that did not happen in any of the rehearsals. There was a note missed here, a breath taken there, an accent missed here, a bass note too soft there. But the music went on!! It demanded that we react to what we were experiencing in the moment. What saved it? All of the adjustments that we had made in the rehearsals.

The point I am driving toward is that we have only the moment and the process. When we are in the creative/expressive mode we are always in process and we can only do so in the moment, in the now. Yes, all of the rehearsals formed a nice backdrop, but they were not a part of the moment; only what happened in the moment can be a part of the moment.

It all sounds so theoretical. And yet those moments when we were sharing the music was anything but theory. They were real emotions coming from real people. And so it is with our lives. We have memories of the past, but we create our experiences in the moment. I can only hope that all of your adjustments are going well. And may you experience some harmony in your life.

Church Staff

- Frank Hall ..... Senior Minister frank@uuwestport.org
Edward Thompson ..... Minister of Music ed@uuwestport.org
John Carroll..... Church Administrator/ Business Manager john@uuwestport.org
Jan Braunle ..... Administrative Associate jan@uuwestport.org
Perry Montrose..... RE Director perry@uuwestport.org
Jamie Forbes ..... Youth Outreach Dir. jamie@uuwestport.org
Lily Rappaport ..... Youth Program Dir. lily@uuwestport.org
David Vita ..... Social Justice Director david@uuwestport.org
Robert Santiago ..... Sexton bobby@uuwestport.org

Endorsed Community Minister

Rev. Debra Haffner ...debra@uuwestport.org

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Sal Mollica

SOUNDINGS Staff

Carol Porter ..... Editor/Design

visit our website at www.uuwestport.org



Our first annual Chilifest competition is coming up this weekend, Saturday, Oct. 29th from 11:30 - 3:30.

I hope you marked your calendar and made plans to attend. We have a great line-up of local restaurants who will be vying for your vote. It's just \$6 for adults, \$5 for seniors and \$2 kids (5-17). It's a deal (and a meal) you just can't beat. Be sure to tell your friends.

The next SOUNDINGS deadline is Friday, Nov. 4, at noon (or before). Please e-mail your copy to: carpo@optonline.net

*female*  
The <sup>^</sup> **Odd**  
**Couple**

by

**Neil Simon**

Directed by Jim Luongo

Meg Jones Candace Clinger

Ruth Ahlers Sarah Bell

Cheryl Paul Bob Perry

Lily Rappaport David Smith

**In Our Sanctuary!**

Friday, Nov 18 at 8 PM

Saturday, Nov 19 at 8 PM

Sunday, Nov 20 at 4 PM

Call 222-7190

\$20 suggested donation

